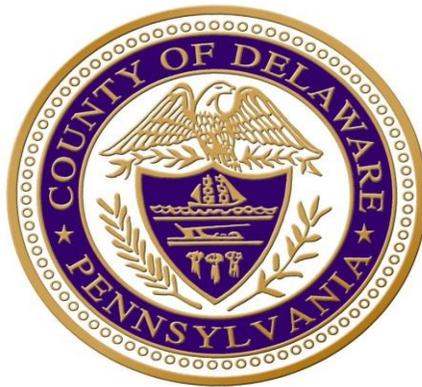


Delaware County Court of Common Pleas Treatment Court Program



Creating Opportunities for Change

Since 2008

PARTICIPANT HANDBOOK

Revised April 2020

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WELCOME



Welcome to the Delaware County Treatment Court Program! This *Handbook* is designed to:



Answer your questions



Provide information about Treatment Court

As a participant, you will be expected to be open, honest and truthful. You must follow all of the instructions given in Court by the Judge, (by Treatment Court Personnel Judge, Coordinator and Probation Officer) follow all of your terms and conditions of Probation and comply with the treatment plan developed for you. Throughout the time you are in Treatment Court, your PO and treatment provider will be working closely with you and with each other. They will also promptly report all of your progress and any problems to the Treatment Court Judge.

This *Handbook* will detail what is expected of you as a Treatment Court participant and it will review general program information. If you are reading this *Handbook*, it means that you have been accepted into the Treatment Court Program, based on a look at your history of drug use and other contact with law enforcement, and it also means that we are confident that Treatment Court will help you to learn how to make successful choices free of the influence of drugs and alcohol.

Overview

What is Treatment Court?

Treatment Court is a special component of the Delaware County Court of Common Pleas. This program was developed to help qualified candidates fight addiction, make positive lifestyle changes and avoid serving a sentence of incarceration. This is a fast-track program targeting two different types of non-violent offender:

Track I: Level 1 and 2 Offenders: This track targets men and women who may or may not have a prior criminal record (non-violent) who (i) have been arrested and/or incarcerated on new charges; and (ii) suffers from a substance use disorder. Participants tender a nolo contendere plea that is held in abeyance. Participants are then offered treatment, housing, vocational training and relapse prevention instead of a sentence of incarceration. Successful completion of the Program shall result in the dismissal of open charges. Failure to complete the program for any reason shall result in immediate entry of the tendered plea and sentencing.

Track II: Level 3 and 4 Offenders: This track offers non-violent level 3 and 4 offenders the opportunity to undergo treatment and relapse prevention instead of receiving a county or state sentence of incarceration. Offenders enter a guilty plea and are sentenced to a term of probation with restrictive conditions, offering them the opportunity to be rehabilitated and avoid re-offending.

Treatment Court involves frequent court appearances, random drug testing as well as drug and alcohol treatment. The Court awards incentives for compliant behavior and imposes sanctions for negative behavior. Participants who do not comply with the rules may be placed in short-term incarceration, moved back to the previous phase of Treatment Court or be subject to a variety of other sanctions. They may also be terminated from Treatment Court. All of the staff working with Treatment Court will assist you to be sure you understand what is expected of you.

What is a Treatment Plan?

To be accepted into Treatment Court, you are required to follow a Treatment Plan. This begins with a thorough biopsychosocial evaluation and will require all or some of the following:

- ✓ **Outpatient Treatment**

- ✓ **Intensive Outpatient Treatment**
- ✓ **Partial Hospitalization Treatment**
- ✓ **Inpatient/Residential Treatment**
- ✓ **Self Help/Sober Support Activities (12 step Meetings)**
- ✓ **Halfway or Recovery House Placement**

How long will I be in the program?



Expect to participate in the program for a minimum of 24 months, but no more than 30 months. The length of time the program will depend upon how well you progress. The program has 5 phases; you must be in compliance with all the requirements of Treatment Court and must remain clean for 6 months in order to be eligible for commencement.

The Team...

The Treatment Court Team consists of the following members:

- ▶ The Judge
- ▶ Assistant District Attorney
- ▶ Public Defender
- ▶ Treatment Court Coordinator
- ▶ Probation Officers and Criminal Case Planners
- ▶ Sheriff Officers
- ▶ Office of Behavioral Health Liaison
- ▶ Treatment Providers/Intensive Case Managers

Prior to the Treatment Court Review, the Treatment Court Team members familiarize themselves with your progress so that they may discuss that progress with you during the Treatment Court session. By working together, they seek to provide a variety of programs and consistent supervision geared toward supporting and helping you maintain a drug and alcohol-free lifestyle.

What's in it for me?



Track I: Level 1 and 2 Offenders

If you successfully complete all of the conditions of the Treatment Court, Track I: Level 1 and 2 Offenders, you will be eligible to have all the charges dismissed and expunged from your record. You will need to communicate with your attorney of record to do the paperwork for the dismissal of charges and expungement.



Track II: Level 3 and 4 Offenders

(PADAP, Prison Alternative Drug and Alcohol Program) are offered the opportunity to undergo treatment and relapse prevention instead of incarceration. This track is **NOT** eligible for dismissal of charges and expungement.



A Second Chance

This program offers you the chance to move forward in your life with a new outlook and new skills.



A Healthy Lifestyle

This program will help you take control of your life in many ways. Even more important than what you will learn not to do, such as abusing drug & alcohol and committing crimes, are the things you will learn how to do, such as being honest, reducing stress, becoming gainfully employed, rebuilding family relationships and becoming a productive member of the community.

Your probation officer will also help you with other areas of your life according to your individual needs. This may include referrals for these and other needs:

- ✓ **Skills Testing & Educational Assessment**
- ✓ **Job Training & Job-readiness Training**
- ✓ **Educational/Vocational Programs**
- ✓ **Job Placement Services**
- ✓ **Family Counseling**
- ✓ **Life Skills Classes**
- ✓ **Public Assistance/Medicaid**

We are here to help, but no one said it would be easy...

On the following pages you will find the steps involved in the program and information concerning the resources that you will need to use in order to succeed. There are many people who make up the Treatment Court Team, remember that they all want to see you succeed. If you take advantage of the assistance offered by the Treatment Court Team, you will discover many ways to make a better life for yourself.

Program Components

To successfully complete Treatment Court, you are required to be involved in several activities which will benefit and sustain your recovery. As a participant in the Delaware County Treatment Court Program, you will be required to:

- Engage in substance abuse treatment.
- Attend frequent court sessions.
- Meet with your Probation Officer.
- Submit to random urinalysis screenings.
- Have home visits by your Probation Officer.
- Attend support meetings, i.e. NA/AA.
- Obtain employment and/or attend school.
- Obtain your high school diploma or GED.
- Pay court fines and restitution (if applicable).
- Submit your self, residence, electronics and car to search.
- Pay treatment costs.



TREATMENT

Once you are approved for Treatment Court, you will be contacted by one of the program's criminal case planners and an evaluation appointment will be scheduled. Upon meeting with you, the case planner will conduct an initial drug screen to determine if there has been a history of substance abuse. If this screen is positive, then a full biopsychosocial evaluation will be conducted. This evaluation will determine a necessary level of care, based on your substance abuse history. Levels of care include: outpatient/intensive outpatient treatment, partial hospitalization treatment, inpatient/residential treatment and halfway house/transitional living/recovery house. As a Treatment Court participant, you are required to comply with all treatment recommendations. A treatment plan will be developed by you and your treatment provider(s). This plan will act as a guide for your treatment while in Treatment Court.

If you are able to pay for treatment services and/or have insurance that covers treatment, then you will be required to pay for your treatment. Any fees you may have associated with treatment services (i.e. co-pays) are based on a sliding scale. Requests for assistance may be made to your treatment provider if you have difficulty with the cost of the co-pay/client fee (Abatement). If the County Office of Behavioral Health funding is used for the payment of treatment services, and you have no medical insurance, you must apply for medical assistance. Your treatment provider can assist you with this process.

PROGRESS REPORTS

You will be required to appear in front of the Judge on a regular basis. The Judge will be given progress reports regarding your drug test results, attendance, participation and cooperation in the treatment program, employment or other requirements that may have been imposed. These reports will come from your probation officer, treatment counselor, and the members of the team.



The Judge will ask you about your progress and discuss any problems you may be having. If you are doing well, you may be rewarded with reduced program requirements or, at times, other incentives like gift cards and/or a certificate of merit. If your progress reports show that you are not doing well, the Judge will discuss this with you and determine future action, which could include a sanction to help you remember your goals in the program. Sanctions can be anything from increased program requirements to short periods of incarceration.

TREATMENT COURT HEARINGS

As a Treatment Court participant, you will be required to appear in Treatment Court on a regular basis. The number of times you must appear depends upon the phase of Treatment Court you are currently in. Failure to appear will result in a warrant being issued for your arrest and detention in jail until you can appear before the court. If you have questions about your court appearances speak with your Probation Officer.

**You are required to arrive on time for
all Court sessions**

COURTROOM ETIQUETTE AND DRESS CODE

When you speak to the Judge, say “Your Honor.” The following is not permitted in the courtroom: Gum, drinks or food. Phones must be powered off.

Treatment Court participants will dress for court as follows:



No tank tops, muscle shirts, low cut shirts, or shirts with obscene words or pictures.



No clothes that advocate tobacco, alcohol or drug use.



No sagging (i.e., pants that hang below the waist).



No unbuttoned shirts.



No shorts, even in the summertime.



No hats, caps or bandanas, no sunglasses unless approved by a Doctor.

If you wear any of the above to the courtroom, you may be sent home and it will be counted as a court absence and appropriate sanctions imposed.



ATTENDANCE

As a participant, you are required to attend ***all*** of your scheduled treatment sessions, probation appointments, all of your other appointments, and all of your scheduled court dates.

You are required to be on time for all appointments. If you have an emergency, you should call to inform your PO, counselor, etc. of your situation. If you are late, you may not be allowed to attend and may be considered absent and face sanctions.

Your treatment schedule will vary according to your needs and progress. It is your responsibility to both schedule all needed appointments and to arrive on time for them.

PHASES OF TREATMENT COURT

The Treatment Court program is a minimum of 24-months to a maximum of 30 months, divided into five phases. A participant must successfully complete each phase before transitioning to the next phase. Total program length is based upon individual progress. Each phase consists of specific treatment goals, activities and requirements that you must meet before moving to the next phase. If a sanction is given, a participant may go back 30 days. To graduate from one phase to the next, a participant must have at least 30 days clean. Each phase has a key concept or focus. The Phases are explained in detail on the following pages.

Remember, while there are certain things you must complete, your ability to move along in the program and graduate will depend mostly on your own actions. If you are not honest and truthful, if you miss appointments, ignore other requirements, or fail to remain drug and/or alcohol free, your time in the program could be longer, or you could be terminated from Treatment Court. If you are terminated from Treatment Court, you will be sentenced in accordance with applicable law.

PHASE ONE	
Key Concept:	Recovery and Responsibility to Self
Length of phase:	60 Days
Requirements:	Intensive Community Supervision, contact 2 to 3 times per week. Weekly Review Sessions. Random urine tests; Complete Intake Assessment and comply with. D&A treatment; regular attendance at NA/AA meetings or sobriety group meetings; Sponsor. Start seeking employment or vocation training
PHASE TWO	
Key Concept:	Maintenance of Recovery and Responsibility to Others
Length of phase:	180 days
Requirements:	Report to PO as scheduled 1 to 2 times per week. Review session every 2 to 4 weeks; random urine tests; D&A Treatment; regular attendance at NA/AA meetings or self-help sobriety group meetings; start seeking employment or vocational training; actively pay restitution, court costs and fees.
PHASE THREE	
Key Concept:	Reinforce a Clean, Sober and Legal Lifestyle
Length of phase:	300 days
Requirements:	Report to PO as directed. Review sessions every 3 to 6 weeks; random drug tests; regular attendance at NA/AA meetings or self-help sobriety group meetings, follow treatment plan; maintain employment or approved use of time; actively pay restitution, court fees or treatment costs. Eligible for commencement/graduation.
PHASE FOUR	
Key Concept:	Treatment/Relapse Prevention Plan
Length of phase:	180 days
Requirements:	Report to PO as directed; Review sessions every 6 to 8 weeks. Random drug tests; regular attendance at NA/AA meetings or self-help sobriety group meetings employed or approved use of time; participate in Treatment Court Support Group

PHASE FIVE	
Key Concept:	Relapse Prevention/Graduation Plan
Length of phase:	180 days

To advance Phases you must have at least 6 months of clean drug & alcohol tests. *** Please note that you will not be given credit toward your phase for time spent in an inpatient treatment facility.**

THE RULES

As a participant you will be required to abide by the rules outlined in the Treatment Court Rules & Regulations, including, but not limited to the following:

1. Totally abstain from the use of drugs and alcohol.
2. Inform your treating physicians that you are a recovering addict and may not take narcotic or addictive medications or drugs.
3. Attend court sessions and treatment sessions as scheduled, submit to random drug testing, remain clean, sober and law abiding.
4. Do not associate with people who use or possess drugs or be in areas known to have drug activity.
5. Do not possess any weapons while in the Treatment Court Program.
6. Keep the Treatment Court Team, Treatment Court Staff, and Treatment Providers informed of your current address and phone number at all times.
7. Submit to a search of your person, property, place of residence, any and all technology, car or personal effects, at any time.
8. Dress appropriately for court and treatment sessions.
9. Abide by all other rules and regulations imposed by the Treatment Court Team and listed in the Delaware County Treatment Court Rules and Regulations.
10. If you are uninsured you must provide proof of application for medical assistance through Department of Public Welfare within 30 days of admission

RELEASE OF INFORMATION & CONFIDENTIALITY

All members of the Team must be able to communicate about your eligibility and progress in the program. Upon entry into the program, you must sign Releases so that the Team has access to information relevant to your treatment. You must also sign additional Releases as needed to arrange

further treatment, counseling or support service referrals. The disclosure of information is for the sole purpose of hearings and reports concerning your specific Treatment Court case.

State and Federal laws require that your privacy be protected. In response to these regulations, Treatment Court, Treatment Court staff and treatment providers have developed policies and procedures that guard your privacy.

TESTING

You will be drug & alcohol tested randomly and often throughout the entire Treatment Court Program.

- ➡ When you report, you must be prepared to provide a urine sample while being observed by your probation officer.
- ➡ Failure to appear for testing or to submit a sample will be considered as a positive test for Treatment Court purposes.
- ➡ Your potential sanction for missing or positive tests is as follows:

- 1st- 24 hours of incarceration
- 2nd- 72 hours of incarceration
- 3rd- 1 week of incarceration
- 4th- Removal from the program

Diluting or attempting to adulterate a urine sample is counted as a positive. A Dilution Contract will be reviewed and provided by your Probation Officer.

If you attempt to submit a fake urine sample you could possibly be prosecuted for a misdemeanor of the third degree under subsection 7509 of the Crimes Code "Furnishing a Drug-Free Urine."

You may be permitted to test at a location other than the Adult Probation Department, if approved by the Court. If you choose to test at another location, you will not be permitted to challenge the results of that test if it is positive for any substance.

The following medications are not allowed in the program:

Barbiturates

Narcotic pain medication such as Percocet, Darvocet, Oxycontin, etc.

Benzodiazepines such as Ativan, Valium, Xanax, Klonopin, etc.

Muscle Relaxers

Sleep Aids such as Ambien or Soma

Stimulants such as Adderall or Ritalin



Nerotin and Lyrica
Any and all mind-altering substances

The following medications cause a cross-reaction with drug testing and alternatives should be prescribed:

Effexor
Lamictal
Protonix
Sustiva
Zantac
Zoloft
Clarithromycin



Dietary supplements and vitamins must be approved by your Probation Officer before you take them.

Weight loss aids are prohibited

NO POPPY SEEDS!



Salvia, morning glory seeds, spice, K-2, bath salts, or any other such mood altering or hallucinogenic substance is strictly prohibited.

When visiting a doctor or the emergency room, you must notify any and all doctors that you have a substance use disorder and cannot take the medications listed above. Your probation officer will give you a card to show to your medical providers.

NO ALCOHOL!

You will be tested for alcohol. Because these tests are sensitive it has become necessary for us to restrict and advise Treatment Court participants regarding the use of certain alcohol-containing products.

It is **YOUR** responsibility to limit your exposure to the products and substances below that contain ethyl alcohol.

It is **YOUR** responsibility to read product labels, to know what is contained in the products you use and consume and to stop and inspect these products **BEFORE** you use them.

Use of the products detailed below in violation of this contract will NOT be allowed as an excuse for a positive test result. When in doubt, don't use, consume or apply.

Cough syrups and other liquid medications

Non-Alcoholic Beer and Wine

Food and Other Ingestible Products that contain ethyl alcohol

Mouthwash and Breath Strips

Hand sanitizers

Hygiene Products that contain ethyl alcohol

Solvents and Lacquers



INCENTIVES OR REWARDS

Participants may be given rewards or incentives for compliant behavior while participating in Treatment Court. Common rewards are:

- ★ Reduced frequency of Treatment Court hearings
- ★ In court praise, encouragement, applause
- ★ Certificates of achievement
- ★ Decreased reporting to probation officer
- ★ Promotion to the next phase
- ★ Gift cards



SANCTIONS

You may wonder how you will be held accountable. If you do not do what is required by Treatment Court, this is what may happen:

- Warning from the Judge
- Reading/Writing assignments
- Letter of apology to the Court
- Increase in intensity of treatment
- Increase the number of self-help group meetings, NA and or AA meetings.
- Increase in drug testing or reporting to PO
- Sit in court for a day and write about the experience
- Imposition of a curfew
- Community Service
- Electronic Home Monitoring



- Demotion to previous Phase
- Jail for an afternoon, day, weekend, week, etc.
- Termination from Treatment Court

Remember...

Your actions speak louder than words!

EDUCATION, VOCATION AND EMPLOYMENT PROGRAMS

An important step in recovery from substance addiction is developing self-sufficiency and becoming a productive and responsible member of your community.

During Phase 1 of the program, your PO will discuss opportunities for educational and vocational programs with you. Participants in Treatment Court have different needs and interests. Your plan will be developed to meet your own needs and interests; the purpose is to build a plan that will develop your education, employment and life skills.

Your plan may include any of the following:

Life Skills: perhaps you need help creating a budget to manage your living expenses or pay back loans, or maybe you need to learn how to problem-solve or make better decisions or how to be a better parent. We can provide help or make referrals to other agencies in these and other areas where you feel you may need guidance.

GED: work toward your high school equivalency diploma

Vocational: to help you find job training in many fields

Educational: resolve issues to help you return to school or begin higher education

Employment: finding and keeping a meaningful/sustaining full-time job

TERMINATION FROM TREATMENT COURT

Violations of any aspect of Treatment Court may result in your being terminated from the program.

Violations which MAY result in sanctions or termination are:

- Dishonesty
- Positive or adulterated urine sample
- Failure to submit urine sample
- Unexcused absence from treatment
- Failure to follow treatment conduct rules
- Willful failure to pay fees, as ordered
- Failure to attend Treatment Court hearings without just cause
- Failure to report to PO
- Failure to attend self-help group per treatment plan
- Unsuccessful Discharge from Treatment
- New criminal charges
- Discussing other participants' behavior or progress outside of the treatment environment

Violations which WILL result in termination are:

- Possession or delivery of drugs at probation or treatment site
- Violent or abusive behavior at treatment site, program site or other place of contact or participation
- Failure to comply with directives given by the Court

You must be respectful in all of your interactions with the members of the Treatment Court Team. Any disrespectful behavior will immediately be reported to the Court which may result in a sanction or your termination from the program.

GRADUATION

Graduation is a time to celebrate your accomplishments which required commitment, perseverance and hard work.



You will be able to invite your family and friends to join you at your Graduation Ceremony.

The requirements for Graduation are:

- ✓ **Drug tests**- for the last 6 months of the Treatment Court Program, the participant must have all negative drug tests.
- ✓ **Treatment**- the participant will have successfully completed all treatment goals, and have established an approved relapse prevention plan and thus a Graduation Plan.
- ✓ **Employment**- the participant will be employed or be involved in a productive daily activity for at least the last 3 months of the Treatment Court program.
- ✓ **Housing**- for the last 3 months of the Treatment Court Program, the participant will reside at an approved residence that is not likely to promote relapse.
- ✓ **Financial obligation**- the participant will have all costs, supervision fees, restitution and treatment costs paid in full.
- ✓ **Special conditions**- the participant will have completed all special conditions of the Treatment Court Program.



A few more things....

Someone from the Treatment Court Team will contact you after you leave the program. The purpose of this follow-up is to get an idea of how people in Treatment Court do after they leave and to measure how well the Treatment Court Program is doing. You will not be identified individually or sanctioned in any way for your answers.

Remember for people in recovery, triggers and cravings are not excuses to use- they are reasons to go to a meeting and to call a recovering friend for more support. You can get self-help meeting schedules from your PO and/or your treatment provider.

TREATMENT COURT PHONE NUMBERS

Adult Probation & Parole: 610-891-4591

Public Defender: 610-891-4100

Office of Behavioral Health, Drug and Alcohol 610-713-2365

Treatment Provider:

Crozer Community Campus:

Drug and Alcohol Access Center: 610-619-7370
1 Medical Center Blvd.
Ground Floor
Upland, PA 19013

Mental Health and Substance Abuse Services Outpatient Services
301 West 15th Street
Chester, PA 19013

Substance Abuse Services 610-619-8600

Mental Health Services 610-619-8700

Certified Recovery Specialist 610-619-8713

Certified Recovery Specialist Hotline (24 hours) 610-619-8616

Domestic Abuse Project 610-565-4590

Delaware County Crisis
Mobile Crisis Team 1-855-889-7827

Warm Line 1-855-464-9342

Overdose Survivor Outreach 610-713-2365
Ask for Case Management Staff

Recovery Houses

MVP Recovery 855-MVP-2412

A Key to Freedom 484-832-6816

Programs by our Graduates

Treatment Court Peer Panel

The Treatment Court Peer Panel works in collaboration with the Treatment Court Team to provide a peer based assessment of a participant's progress in recovery. The Peer Panel consists of graduates from the Treatment Court Program. As peers, living a life of recovery and having successfully completed the program, they are better able to guide the participant through their successes and or struggles within the Treatment Court process. The peer panel meets with participants to discuss their thoughts and feelings surrounding 12 step fellowship meeting attendance, their experience working with a sponsor, and their insights into working the 12 steps. Participants will meet with the Peer Panel at the request of the Treatment Court Team.

Treatment Court Alumni Meeting

The Treatment Court Alumni Meeting is held on the 3rd Wednesday of each month. It is a meeting run by graduates of the Treatment Court program who come back to share their experience, strength, and hope with the current participants. Alumni include past successful graduates of the program as well as participants who did not complete the program but are doing well after termination. The Alumni meeting serves as an opportunity to connect past participants and current participants in hopes of building the community of recovery. Attendance of current participants is mandatory.

MISSION STATEMENT

The mission of the Delaware County Treatment Court is to create opportunities for individuals to improve their quality of life. The goal is to eliminate drug abuse, crime and their consequence through mutual partnerships with the court, treatment providers, concerned community organizations, and law enforcement. Participants are evaluated and placed into treatment to address drug addiction and behavioral modification. Ultimately, it is the hope that the increased accountability of participants will lead to reduced recidivism, productive citizenship, and improved communities.

The Delaware County Treatment Court program was started in October 2008.

Treatment Court

Forms

THE GENERAL RULES AND WAIVER OF RIGHTS FOR THE TREATMENT COURT PROGRAM

NAME _____ ADDRESS: _____

PHONE: _____

You have been accepted as a participant in the Delaware County Treatment Court Program. You are therefore placed under the supervision of this office and must comply with the following rules regulations.

1. **You will report** to your Probation Officer according to their instruction. You are not to attend any appointment with a Probation Officer or with any Treatment Court ordered program under the influence of drugs or alcohol.
2. **You will live** at the address/phone number listed above, and you may not change your residence without permission from your Probation Officer. You will give consent to your Probation Officer to search your person, residence, vehicle and any and all personal electronic devices. The device, including but not limited to, are cell phones, iPods, iPads, digital cameras, computers, etc. You must also give consent to your Probation Officer to view any and all social networks, i.e., Facebook, twitter and or emails.
3. You will comply with all Municipal, County, State and Federal criminal laws, and abide by any written instructions of the Delaware County Court or your Probation Officer. You must notify your Probation Officer within 72 hours if you are arrested or questioned or stopped by any law enforcement officers.
4. You must agree to sign all releases necessary to further the treatment goals of the Treatment Court Program. You further agree to sign releases, which will allow the Treatment Court to review diagnostic, treatment and medical information. You will attend a recovery based support group, such as AA and/or NA, on a regular basis.
5. Attendance at a scheduled court session is mandatory. It is the participant's responsibility to know the date and time of his/her next court session. The participant must show up at the scheduled date and time. No changes in the court schedule will be allowed unless an emergency exists or the client gets prior approval through the courts. Tardiness will not be tolerated.
6. Each participant must dress appropriately for court and treatment sessions. The following clothing is prohibited: tank tops, muscle shirts, low cut shirts, shirts with obscene words or pictures, clothes with language or pictures advocating tobacco, alcohol or drug use, sagging pants, unbuttoned shirts, shorts (even in the summertime), hats, caps, bandanas and/or sunglasses (unless approved by a doctor).
7. You are required to obtain permission form your Probation Officer before leaving the Commonwealth of Pennsylvania.
8. You will make every effort to obtain and maintain employment. If you lose your job, you must notify your Probation Officer within 72 hours. If you are not gainfully employed, you must actively seek employment. The Court may also order attendance for employment counseling, a GED, further education as part of the Program and/or any treatment program or other condition deemed necessary by the Court.
9. You must support your dependents, if any, and assume all your legal obligations for them.
10. You will not knowingly supply false information to Adult Probation and/or the Treatment Court Team.
11. You agree to participate in the Delaware County Treatment Program for a period of time specified by the Court. This time period will be a minimum of 24 months. You agree to participate in any education, treatment, or rehabilitation program ordered by the Court. You agree to abide by any additional terms or conditions as indicated by the Court and agree to complete all treatment, medication compliance (if deemed necessary) and related programs to the satisfaction of the Court.

12. Your charges will not be dismissed if you are removed from the Treatment Court Program. If you are removed from The Treatment Court Program your case will immediately proceed to sentencing.
13. Abstain from the use, unlawful possession, or sale of controlled substances, as defined within the Controlled Substance, Drug, Device and Cosmetic Act (35 P.S. Section 780-101 et. seq., as amended to date) and all mind-altering substances. A participant CANNOT take any medications prescribed and/or over the counter unless it is first approved by the Treatment Court Team. **You will submit to Urine analysis and Breathalyzer testing at times and dates deemed appropriate by the Court and your probation officer.** You shall not consume alcoholic beverages of any kind. You shall avoid all alcohol containing products, including alcohol in foods, hygiene products or over the counter medications containing alcohol; no communion wine, no topical gels or medications containing alcohol, eg. mouthwash, Nyquil, cough syrups, or hand sanitizers. ***You shall not consume any POPPY SEEDS or POPPY SEED containing food products.*** OBSERVED urine testing is mandatory. Testing is done to ensure compliance of treatment program and rules and regulations. The participant must be present and prompt at the appropriate testing time. You shall refrain from frequenting unlawful or disreputable places, including but not limited to bars and liquor stores and shall not associate with disreputable individuals.
14. You shall refrain from owning or possessing any firearm, deadly weapons, or offensive weapons.
15. Should any participant dispute the drug testing results, they have the right to have the lab retest the sample upon paying the retesting lab fee, \$50.00 dollars. The fee must be paid within twenty-four hours of notification to the participant of the positive test. This will be at the participant's expense and paid prior to the retesting. If the test is confirmed positive, you will face additional sanctions by the Court. If you attempt, at any time to submit a fake urine sample you may be prosecuted, and terminated from the program.
16. If you test positive for illegal drugs or alcohol, fail to appear in court as directed, fail to timely attend all treatment sessions, fail to abide by any term of these rules and regulations and any other conditions imposed by the court, or are arrested on new criminal charges, the Court can impose sanctions within the Treatment Court Program and/or terminate your participation in the Program.
17. If you are arrested on new charges after your entry into the Treatment Court Program you may be **terminated from the program.**
18. You cannot make threats towards other participants or staff or behave in a violent manner. Violent or inappropriate behavior will not be tolerated and will be reported to the judge. This may result in termination from the Treatment Court Program.
19. You must pay all fines, costs, and restitution.
20. You must complete daily journaling assignments that are to be reviewed by probation officer and/or the Court.
21. Participants who successfully complete all program phases, live a law-abiding life, and demonstrate a successful reintegration into the community are eligible to graduate. Treatment Court Commencement honor the Treatment Court Team, as well as supporters, employers of treatment court participants, and all those who offer continued support to the treatment court participants, including family and significant others.

I hereby acknowledge that I have read, or have had read to me, the foregoing conditions, rules and regulations of my treatment court participation; I fully understand them and agree to follow them; and I fully understand the penalties involved should I, in any manner, violate them.

Witness

Signature of Probationer/Parolee

Date

Docket No. (s)

URINE ABSTINENCE TESTING AND INCIDENTAL ALCOHOL EXPOSURE CONTRACT

Treatment Court Participants

Recent advances in the science of alcohol detection in urine have greatly increased the ability to detect even trace amounts of alcohol consumption. In addition, these tests are capable of detecting alcohol ingestion for significantly longer periods of time after a drinking episode. Because these tests are sensitive, in rare circumstances, exposure to non-beverage alcohol sources can result in detectable levels of alcohol (or its breakdown products). In order to preserve the integrity of the Treatment Court testing program, it has become necessary for us to restrict and advise Treatment Court participants regarding the use of certain alcohol-containing products.

It is **YOUR** responsibility to limit your exposure to the products and substances detailed below that contain ethyl alcohol.

It is **YOUR** responsibility to read product labels, to know what is contained in the products you use and consume and to stop and inspect these products **BEFORE** you use them.

Use of the products detailed below in violation of this contract will NOT be allowed as an excuse for a positive test result. When in doubt, don't use, consume or apply.

Cough syrups and other liquid medications: Treatment Court participants have always been prohibited from using alcohol containing cough/cold syrups, such as Nyquil®. Other cough syrup brands and numerous other liquid medications, rely upon ethyl alcohol as a solvent. Treatment Court participants are required to read product labels carefully to determine if they contain ethyl alcohol (ethanol). All prescription and over-the-counter medications should be reviewed with your Probation Officer before use. Information on the composition of prescription medications should be available upon request from your pharmacist. Non-alcohol containing cough and cold remedies are readily available at most pharmacies and major retail stores.

Non-Alcoholic Beer and Wine: Although legally considered non-alcoholic, NA beers (e.g. O'Douls®, Sharps®) do contain a residual amount of alcohol that may result in a positive test result for alcohol, if consumed. Treatment Court participants are **not** permitted to ingest NA beer or NA wine.

Food and Other Ingestible Products: There are numerous other consumable products that contain ethyl alcohol that could result in a positive test for alcohol. Flavoring extracts, such as vanilla or almond extract, and liquid herbal extracts (such as Ginko Biloba), could result in a positive screen for alcohol or its breakdown products. Communion wine, food cooked with wine, and flambé dishes (alcohol poured over a food and ignited such as cherries jubilee, baked Alaska) must be avoided. Read labels carefully on any liquid herbal or homeopathic remedy and do not ingest without approval from your PO.

Mouthwash and Breath Strips: Most mouthwashes (Listermint®, Cepacol®, etc.) and other breath cleansing products contain ethyl alcohol. The use of mouthwashes containing ethyl alcohol can produce a positive test result. Treatment Court participants are required to read product labels and educate themselves as to whether a mouthwash product contains ethyl alcohol. Use of ethyl alcohol-containing mouthwashes and breath strips by Treatment Court participants is not permitted. Non-alcohol mouthwashes are readily available and are an acceptable alternative. If you have questions about a particular product, bring it in to discuss with your PO.

Hand sanitizers: Hand sanitizers (e.g. Purell®, Germex®, etc.) and other antiseptic gels and foams used to disinfect hands contain up to 70% ethyl alcohol. Excessive, unnecessary or repeated use of these products could result in a positive urine test. Hand washing with soap and water are just as effective for killing germs.

Hgiene Products: Aftershave and colognes, hair sprays and mousse, astringents, insecticides (bug sprays such as Off®) and some body washes contain ethyl alcohol. While it is unlikely that limited use of these products would result in a positive test for alcohol (or its breakdown products) excessive, unnecessary or repeated use of these products could affect test results. Participants must use such products sparingly to avoid reaching detection levels. Just as the court requires Treatment Court participants to regulate their fluid intake to avoid dilute urine samples, it is likewise incumbent upon each participant to limit their use of topically applied (on the skin) products containing ethyl alcohol.

Solvents and Lacquers: Many solvents, lacquers and surface preparation products used in industry, construction, and the home, contain ethyl alcohol. Both excessive inhalation of vapors, and topical exposure to such products, can potentially cause a positive test result for alcohol. As with the products noted above, Treatment Court participants must educate themselves as to the ingredients in the products they are using. There are alternatives to nearly any item containing ethyl alcohol. Frequency of use and duration of exposure to such products should be kept to a minimum. A positive test result will not be excused by reference to use of an alcohol-based solvent. If you are in employment where contact with such products cannot be avoided, *you need to discuss this with your PO.* Do not wait for a positive test result to do so.

Remember! When in doubt, don't use, consume or apply.

I HAVE READ AND UNDERSTAND MY RESPONSIBILITIES:

Participant Signature

Date

PO Initials

PROHIBITED MEDICATIONS/SUBSTANCES FOR TREATMENT COURT PROGRAM

Treatment Court Rule #13 that you signed on the day you were admitted into the program states: **You are to abstain from the use, unlawful possession, or sale of controlled substances, as defined within the Controlled Substance, Drug, Device and Cosmetic Act (35 P.S. Section 780-101 et.seq. as amended to date) and all mind-altering substances. A participant CANNOT take any medications prescribed and/or over the counter unless it is first approved by the Treatment Court Team. You will submit to urine analysis and breathalyzer testing at times and dates deemed appropriate by the Court and your Probation/Parole Officer. You shall not consume alcoholic beverages of any kind. You shall avoid all alcohol containing products, including alcohol in foods, hygiene products or over the counter medications containing alcohol; no communion wine, no topical gels or medications containing alcohol, eg. mouthwash, Nyquil, cough syrups or hand sanitizers. *You shall not consume any POPPY SEEDS or POPPY SEED containing food products.***

OBSERVED urine testing is mandatory. Testing is done to ensure compliance of treatment program and rules and regulations. The participant must be present and prompt at the appropriate testing time. You shall refrain from frequenting unlawful or disreputable places, including but not limited to bars and liquor stores and shall not associate with disreputable individuals.

Below is a list of medications that you are not allowed to have prescribed to you and/or medications you cannot consume.

Including but not limited to:

- **Narcotic pain medication, such as:** Codeine (Tylenol with Codeine, Tylenol with Codeine #3, Tylenol with Codeine #4), Fentanyl (Sufentanil, Alfentanil, Remifentanil, Lofentanil) Hydrocodone (Norco, Vicodin, Lortab, Lorcet), Hydromorphone (Dilaudid), Meperidine (Demeral), Morphine (MS Contin, Morphine Sulfate ER, Roxanol, Kadian), Oxycodone (OxyContin, Roxicodone, OxyIR, Xtampza ER, Percocet, Endocet, Percocet 5/325, Percocet 10/325, Percodan, Endodan, Percodan-Demi, Roxiprin, Combunox, Targiniq ER, Troxyca ER, Tramadol (Ultram, Tramadol Hydrochloride ER, Tramal, ConZip, Ultracet, Tramapap).
- **Benzodiazepines, such as:** Alprazolam (Xanax, Xanax XR), Clobazam (Onfi), Clonazepam (Klonopin), Clorazepate (Tranxene, Tranxene SD), Chlordiazepoxide (Librium), Diazepam (Valium, Diastat Acudial, Diastat), Estazolam, Lorazepam (Ativan), Oxazepam, Temazepam (Restoril), Triazolam (Halcion).
- **Amphetamines, such as:** Dextroamphetamine, Levoamphetamine, Lisdexamfetamine, Adderall (XR), Dexedrine, ProCentra, Dextrostat, Ritalin, Concerta, Vyvanse, Focalin, MDMA
- **Marijuana/THC based-**Sativex, Dronabinol/Marinol, Nabilone/Cesamet, CBD oil.
****Medical Marijuana in any form is prohibited. ****
- **Gabapentin** (Neurontin, Gralise, Horizant, Fanatrex FusePag).
- **Lyrica, Pregabalin.**
- **Designer Drugs, such as:** Kratom, Spice, K2, Bath Salts, Ketamine, MDMA, Inhalants, etc.
- **Over the counter medications: such as:** Benadryl, Pseudoephedrine, Dextromethorphan (DM), no night time medication and/or PM medications.

By signing below, I attest that I have read or have had read to me all of the prohibited medications for the Treatment Court Program. I also understand that it is my responsibility to discuss all potential medications that may be prescribed to me as the above list may not be the entire list of medications under each drug class.

Participant

Witness

Date: _____

Revised: April 2020

DILUTION OF URINE DRUG SCREEN TESTING CONTRACT

Urine drug screens are administered by probation and treatment with instant cups and/or being sent to a certified lab for testing results with confirmation. Urine drug screen testing includes a drug panel, add-on items, and level checks for creatinine, PH, and specific gravity. When the creatinine is confirmed by the lab to be lower than the cutoff level, the lab considers this specimen to have possibly been adulterated. Dilution means that a urine specimen is more like water than it is urine and results in a warning for possible adulteration by the lab. Adulteration means that a specimen has been diluted by the person attempting to flush their system with water, the person attempting to flush their system with a flushing agent, the person participating in a diet with cleansing days without eating (which is not permitted), dipping the cup in the toilet water, and/or putting water in the cup another way. All of these types of adulteration are prohibited by treatment, probation, and the Treatment Court program.

- It is **YOUR** responsibility to monitor your fluid intake on a daily basis.
- It is **YOUR** responsibility to ask your PO or Treatment Court team member for approval to take any type of medication or health supplement **BEFORE** ingesting it.
- It is **YOUR** responsibility to not commit any type of adulteration.

Failure to comply with this contract may result in progressive sanctions as follows:

- First low creatinine = Verbal warning from judge, discussion with PO and/or clinician about definition of dilution and ways to avoid adulteration.
- Second low creatinine = 8 hours community service.
- Third low creatinine = Low level is considered the same as a positive.
- Subsequent low creatinine = May result in termination from the Treatment Court Program.

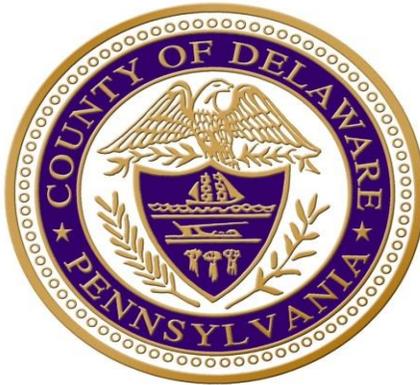
Toxicology experts have identified only a few medical reasons that would result in low creatinine levels on a urine drug screen; however, science states that the low creatinine levels would be consistent and not sporadic if a medical condition is warranted as an explanation. Medical documentation by the Treatment Court participant is required to support a medical issue that may impact creatinine levels.

I _____ (print name) understand what is outlined in this contract regarding low creatinine levels and am aware of how my own behaviors could result in issues with low creatinine and sanctions in the program.

I HAVE READ AND UNDERSTAND MY RESPONSIBILITIES:

PARTICIPANT'S SIGNATURE

DATE



**Delaware County Treatment Court
201 West Front Street
Media, Pennsylvania 19063**

ACKNOWLEDGMENT CONTRACT

IN THE MATTER OF:

Name: _____

Case No. _____

**I HAVE FULLY READ AND UNDERSTAND THE PARTICIPANT
HANDBOOK.**

**I DO VOLUNTARILY AGREE TO ENTER THE TREATMENT COURT
PROGRAM AND ABIDE BY ANY AND ALL RULES AND REGULATIONS
OF THE PROGRAM.**

Date: _____

Signature of Defendant

Name Printed

Signature of Defense Attorney

Name Printed

